



Stephen Asatsa (PhD)

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Profile

Accredited Counseling Psychologist, lecturer and researcher with eight years of experience in the clinical work. Experience in trauma, family and work place counseling.

Nationality: Kenyan

Employment History

2019 – Present: Head of Department of Psychology, the Catholic University of Eastern Africa, Nairobi Kenya

2018- Present: Lecturer of Psychology, Catholic University of Eastern Africa, Nairobi

2015-2018; Graduate Assistant, the Catholic University of Eastern Africa, Nairobi

2003-2011: Teacher, Eutyclus Academy - Riruta, Nairobi

Education

2014- 2018: Doctor of Philosophy in Counseling Psychology, the Catholic University of Eastern Africa, Nairobi

2012-2014: Master of Arts in Counseling Psychology, Mount Kenya University, Thika

1999- 2003: Bachelor of Education (Arts), Kenyatta University, Nairobi

Honors and Awards

- May 2022: SRA Covid-19 Network Early Career Scholars Fellowship (\$ 8500)
- May 2022: ICDDUR Travel Grant (ISSUP Conference Abu Dhabi)
- Feb 2022: National Institute of Drug Abuse (NIDA) Small Grant (\$ 5000)
- April 2022: ISSBD Travel Fund (Greece Biennial Meeting)
- Oct 2021: The Global Academy of Liberal Arts network Early Career programme
- Sep 2019: SRCDD- Jacob Foundation Series on Social Learning
- Feb 2017: ISSBD Travel Fund (South East Asia regional workshop, Thailand)
- Feb 2016: ISSBD Developing Country Fellowship (2016-2018)

Research Projects

Impact of Covid 19 Experiences on Emotional Regulation among Adolescents and the Mediating Role of Religiosity and Character Strengths in 6 Countries (Funded by SRA/ Templeton Foundation) – Ongoing collaborative study

Covid 19 Pandemic-Related Impacts and Severity of Substance Use Disorder Symptoms among Patients in Selected Rehabilitation Centers in Nairobi, Kenya. (Funded by NIDA/ICDDUR)- Ongoing individual study

The Africa Long Life Study: A longitudinal exploration of the psychological development of Young adults in Kenya (Funded by Swiss National Foundation and The University of Zurich)- Ongoing collaborative study (<https://www.uzh.ch/blog/africalonglifestudy/team/>)

Mentorship and Supervision of Postgraduate Students

PhD Students

Egunjobi Joyzy (PhD) Personal Therapy as a Mandatory Requirement for Counseling Students and Its Outcomes in Selected Universities in Nairobi County, Kenya. **Completed**

Maria Ntaragwe (PhD). Emotional Intelligence and Career Adaptability of Academic Staff in Selected Universities in Nairobi County, Kenya (**Completed**)

Masters Students

Mary Kamara (MA); Drug Abuse and Its Influence on Psychological Well-being of Students in Public Secondary Schools in Molo Sub- county, Nakuru Kenya; The Catholic University of Eastern Africa, **Completed**

Suzanna Kipapy (MA); Influence of internet on university students' moral development: in Iringa region- Tanzania;The Catholic University of Eastern Africa, **Completed**

Imelde Ndayisaba (MA); Post- Immigration Living Conditions and Psychosocial Adjustment Among Refugees in Kawangware Area in Dagoretti Subcounty, Nairobi Kenya; The Catholic University of Eastern Africa, **Completed**

Saviour Apiku (MA); Nuclear Family Functioning and Adolescent Decision Making Style in Arua District, Uganda: The Catholic University of Eastern Africa, **Completed**

Obed Karobia (MA); Post-Election Violence and Psychotrauma Outcomes among Children in Dagoretti Subcounty; The Catholic University of Eastern Africa, **Completed**

Francisca Kameli (MA); Widowhood experiences among women and their psychological wellbeing in Kibwezi east sub county, Makueni County Kenya; The Catholic University of Eastern Africa, 2017-2020 **Completed.**

Rainer Kwara (MA); Selected social networking sites use and adolescents self-concept in mixed day secondary schools in Kajiado; The Catholic University of Eastern Africa, **Completed**

Henry Kathuri (MA); Psychological wellbeing of differently abled children in Embu west sub-county: a comparative study of family and institutional care; The Catholic University of Eastern Africa, **Completed**

Lucia Mutuku (MA) Emotional Intelligence and Adjustment to Community Living among Consecrated Women Religious in ChemiChemi ya Uzima Institute Karen, Kenya (**Completed**)

Publications

Asatsa, S. (2021) Correlates of End of Life Planning Across Life Span in Nairobi County, Kenya. *African Journal of Clinical Psychology* 3 (3).

Asatsa S. (2020) Death Attitudes as Possible Predictors of Death Preparedness across Lifespan among Nonclinical Populations in Nairobi County, Kenya. *Indian J Palliat Care*; 26:287-94. 10.4103/IJPC.IJPC_127_19.

Usunobun, A. H, **Asatsa, S.**, Macharia, E (2021). Influence of Posttraumatic Growth on Posttraumatic Stress Disorder among Refugees in Nairobi County, Kenya. *Journal of Research Innovation and Implication in Education* SSN 2520-7504 (Online) Vol.5, Iss.3, 2021 (pp. 1 - 12)

Mwikali. M. L, **Asatsa, S.**, Adibo J, (2021) Emotional Intelligence and Adjustment to Community Living Among Consecrated Women Religious in Karen, Nairobi, Kenya. *International Journal of Research and Innovation in Social Science (IJRISS)* volume-5-issue-6, pp.611-618 DOI: <https://dx.doi.org/10.47772/IJRISS.2021.5636>

Egunjobi, J., **Asatsa, S.**, Adhiambo, J.M. (2021). Mandatory Personal Therapy as a Requirement in Counselors' Training and its Ethical Challenges in Selected Universities in Nairobi Kenya. *International Journal of Research and Innovation in Social Science*, 5 (3)

Anyango N. J, **Asatsa S**, Muthami J (2021) , "Relationship between Family Cohesion and Teenage Sexual Behavior in Public Secondary Schools in Kajiado County, Kenya" *International Journal of Research and Innovation in Social Science (IJRISS)* volume-5-issue-9, pp.177-187 September 2021 URL: <https://www.rsisinternational.org/journals/ijriss/Digital-Library/volume-5-issue-9/177-187>.

Sodi, T., Modipane, M., Oppong Asante, K., Quarshie, E. N.-B., **Asatsa, S.**, Mutambara, J., & Khombo, S. (2021). Mental health policy and system preparedness to respond to COVID-19 and other health emergencies: a case study of four African countries. *South African Journal of Psychology*. <https://doi.org/10.1177/00812463211012177>

Kwara R. A, **Asatsa. S.**, & Ntaragwe. M (2021) "Adolescents' Social Networking and Self-Concept in Public Mixed Day Secondary Schools in Kajiado North Sub-County, Kenya" *International Journal of Research and Innovation in Social Science (IJRISS)* volume-5-issue-7, pp.841-847 DOI: <https://dx.doi.org/10.47772/IJRISS.2021.5745>

Asatsa S., & Ekechukwu, O. R. (2018). An Evaluation of the Crisis Counseling Offered to Garissa University Terrorist Attack Survivors, Kenya. *International Journal of Humanities Social Sciences and Education (IJHSSE)*, 5 (8) pp. 119 -128. Doi: http://dx.doi.org/10.20431/2349_0381.0_5_08014

Asatsa, S. (2017). *Grief Trauma Processing through Traditional Mourning Rituals: A comparison of Luhya and Luo Mourning Rituals*. In E. N. Okpalaenwe (Ed.), *Trauma Healing Handbook for Africa*, (pp 137-150). Nairobi. CUEA Press.

Professional Body Membership

Kenya Counseling and Psychological Association (KCPA)

International Society for the Study of Behavioral Development (ISSBD)

Society for Research in Child Development (SRCD)

Society for Research on Adolescence (SRA)

Regional Studies Association (RSA)

European Association for Personality Psychology (EAPP)

Editorial Experience

Reviewer, *Frontiers in Psychology*

Reviewer, *Frontiers in Reproductive Health*

Reviewer, *South African Journal of Psychology*

Reviewer, *African Journal of Clinical Psychology*

International Conferences

International Society for Substance Use Professionals Conference, Abu Dhabi, May 12- 16, 2022

Society for Research on Adolescence Biennial Meeting, New Orleans, USA, March 3-5, 2022

Society for Research in Child Development Social Learning Workshop, Amsterdam, Netherlands September 2019

The 25th Biennial International Society for the Study of Behavioral Development Conference, Gold Coast, Australia July 2018

1st Pan African Psychology Union Congress, Durban, South Africa, September 2017.

South East Asia International Society for the Study of Behavioral Development Regional Workshop, Prince of Songkla University, Hat Yai, Thailand February 2017

The 24th Biennial International Society for the Study of Behavioral Development Conference, Radisson Blue Hotel, Vilnius, Lithuania, July 2016.

The 8th Annual Pan-African PCAF Psychotrauma Conference Held at the Catholic University of Eastern Africa Learning Resource Center Nairobi, Kenya. Nairobi, Kenya

July 2015

Eastern Africa Regional Conference of Psychology, Silver Spring Hotel, Kampala, Uganda November 2013.

REFERENCES

Proff Samuel Nyanhoga

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